

## ONE THING THAT IS COSTING AMERICA BILLIONS EACH YEAR...

There's a good chance you spend a considerable amount of time each day checking, reading, and responding to emails. It's obvious why email is so popular because of the convenience to communicate in a very quick and timely manner, plus the ease of sharing information across the world with each other. With any type of high-demand product or service, criminals exploit and target these services. In 2019, it was estimated 3.4 Billion fake emails, such as phishing or malicious emails, were sent each day, and that number continues to rise. These fake and malicious emails cost Americans \$Billions each year, so it is important to educate yourself and understand what to look for so you are not the next victim. Below are some of the most common scam emails to look out for.

## Emails that ask you to reset a password or confirm personal or payment Information.

Even if the email seems legit or from a person or company that you do business

with, you should not click on links to reset passwords or update portal information unless you've initiated the request. If you think it might be legit, go to the official website to reset the password or update your information, or try to call the official phone number of the organization requesting the information.

## If you are not expecting the email, you should never open any attachments or click on any links.

Malicious emails embed ransomware or viruses into links and attachments within the email. Typically opening an email will not harm your device, but once you click the link or attachment, that's when it's possible for your device and data to be exposed or locked until you pay a ransom. Do not click on links or open attachments if you are not expecting them or did not request them.

### The email message creates a sense of urgency or curiosity.

A notification that a charge was made on your credit or bank account or a purchase didn't go through, a special offering if you click on the link within 30 minutes, or news about a change in a work policy or the latest video of what the President said, are all typical ways criminals try to get us to click on the links that are malicious. Criminals know the manufactured sense of urgency is effective in getting humans to forget what we know we shouldn't do and do it anyway. Stop and think before reacting to an email!

## Pop-ups from Microsoft or other vendors on your computer to call for assistance.

Although not email-related, we still experience numerous people who fall for this trap and believe they are calling a Microsoft or Apple vendor because their computer has been hacked, only to find out they've given device access to criminals or even given payment information to them. Do not give anyone access to your computer unless you know who it is!

These are just a few of the ways we see people fall victim to hackers on a daily basis, along with numerous other ways. Also be aware many of these same tactics are used by sending text messages to cell phones or people calling your home or cell phones. Be alert and stay safe!

#### **Kansas Relay Center**

What Is Kansas Relay? Kansas Relay is a public service which guarantees all citizens access to prompt, professional and accurate communication through the telephone. Consumers of these specialized services, specifically individuals who are deaf, deaf-blind, hard of hearing or have difficulty speaking, can communicate on the telephone via TTY, Voice Carry Over (VCO), Hearing Carry Over (HCO), Speech-to-Speech (STS), Spanish Relay and Captioned Telephone in order to connect with family, friends or businesses with ease.

How Does Kansas Relay Work? Simply dial 711 or the appropriate toll-free number provided to connect with Kansas Relay. A qualified Communication Assistant (CA) will ask for the area code and number of the person you wish to call and begin the relay call. Generally, the CA will voice the typed message from the text telephone (TTY) user to you. The CA relays your voiced message by typing it to the TTY user.

**Captioned Telephone:** Captioned Telephone is also available and ideal for individuals with hearing loss who are able to speak for themselves. A captioned telephone works like any other telephone with an essential difference: it allows users to listen to their phone conversations while reading word-for-word captions of what's said to them.

**Speech-To-Speech (Sts):** STS is especially useful for people who have difficulty speaking or being understood on the phone. STS involves a specially-trained CA who is familiar with the speech patterns of a wide variety of individuals who have difficulty being understood.

**Spanish Relay:** Kansas Relay allows Spanish-speaking relay users to access all relay call types. Calls can be translated between Spanish and English if you and the person you are calling are both in Kansas.

Access To Services: Both 711 and the 800 numbers are toll-free calls and provide access to the same relay services. If you are experiencing trouble dialing 711 to reach Kansas Relay, please call Kansas Relay Customer Care. All TRS and English Captioned Telephone services are available 24 hours a day, seven days a week. Spanish Captioned Telephone is available daily from 7:00 a.m. to 11:00 p.m. CST. By law, each conversation is handled with strict confidentiality. Oversite for Kansas Relay is provided by Assistive Technology for Kansas. If you have questions or concern, contact: atkapps@ku.edu or call 800-526-3648.

Emergency Calls: Please note that 711 is only to be used to reach Kansas Relay Center. In an EMERGENCY you should continue to use 911. For emergencies, call 911 or your local emergency service TTY number directly, without using relay. The Americans with Disabilities Act (ADA) requires that 911 centers have a TTY and be prepared to handle emergency calls placed in this manner. Kansas Relay will make every effort to assist you in an emergency. However, it is important to understand that relay centers are not 911 centers and do not assume responsibility for emergency calls.

#### To Place A Call Using Kansas Relay Center

Dial 711 or one of the toll-free numbers below: TTY/Voice: 1-800-766-3777 | Spanish: 1-866-305-1343 Sts: 1-866-305-1344

#### **Customer Care Information**

1-866-735-2957 V/TTY | P.O. Box 285, Aurora, NE 68818 KSRelay@HamiltonRelay.com | www.KansasRelay.com

#### **Captioned Telephone**

Customer Service: 1-888-269-7477

To call a Captioned Telephone user, dial: 711 or 1-877-243-2823



#### Phone Backups -How important are they really?

By: Kelly, CSR Lead & NTW Specialist

Imagine coming home from a long day in the field and reaching in your pocket for your phone and realizing it's not there. As you reflect on your day, you recall setting it on top of the swather while working on the equipment. Now your phone is lost! You go to your local GBT store to get a new phone, and you are told because your phone was not backed up, they are unable to recover any of your information, including contacts, pictures, notes and apps. You are now officially starting over on your new phone.

How can this be prevented? Backing up your phone protects your data if you lose your phone, it's stolen, or it no longer functions. And when the time comes to replace your



# MARK YOUR CALENDARS FOR THE 2023 GBT ANNUAL MEETING!

Come join us for the 2023 GBT Annual Meeting on April 19th from 5-6:30! The meeting will be a drive-thru, so hop in your car and come on down to Rush Center. All voting members will be given a registration gift and be entered to win some great prizes, including a Smart TV and Capital Credit Retirements! In addition, a free meal will be provided courtesy of the Cooperative. See you there!





phone, a backup allows you to easily restore your data to the new device. Plus, backing up your phone helps you organize your data so it's easier to access.

You can lose your phone data accidentally and unexpectedly due to many reasons. It is always better to be cautious in such situations, rather than regretting it later. Backing up your Android, iPhone, or any other phone regularly in more than one place is very important! It will keep you relaxed, knowing all your photos, important files, and contacts are safe, and you can quickly and easily restore them anytime. The price you pay for losing all your valuable data will be much higher than the cost of the option you select to back them up.

If you need help ensuring your data is being backed up, stop by any GBT store location, and we can check your settings and make sure your data is protected!



## Di

#### District 2 – Ellis, McCracken



Philip Martin Ellis

Philip Martin and wife Cappy Jane Gaschler reside in Ellis. They have one son, Charles, who lives in Phoenix with his wife Tan Yi. Phil currently works as an Oilfield Production Superintendent and has served on the Ellis City Council, Ellis Industrial Development Board, and Wiesner Educational Foundation Board. He also enjoys being a reenactor for the Nicodemus Historical Society in the role of W. R. Hill, Treasurer and General Manager of the newly-formed colony in 1877. Phil joined the GBT Board in 2013.



Gary Luea
Ellis

Gary Luea and wife Shyrl of 49 years reside in Ellis. They have 2 sons, Zachary and Josh, and 5 grandchildren. Being semi-retired, he keeps busy running a small beef herd. A lifelong Ellis County resident and cooperative member of GBT for many years, Gary has served on the USD 388 School Board, Ellis City Council, Golden Belt Cooperative Board, and Ellis County Zoning Committee, and he currently serves on the St. Mary's Catholic Church Council and as Chair of the USD 388 Endowment.

#### District 4 - Alexander, Bazine, Rush Center



**Gene Knieling**Rush Center

Gene Knieling and wife Kim reside in Rush Center. They have 2 children, Jarrett and Mallory, as well as 3 granddaughters. Gene is active in farming, owns and operates Center Ag and Convenience in Rush Center, and also drives for Mr. P's Truck'n. He is a member of the Great Bend Flying Club and the Rush Center Volunteer Fire Department, and has served as Rush Center Fire Chief. Gene joined the GBT Board in 2012.

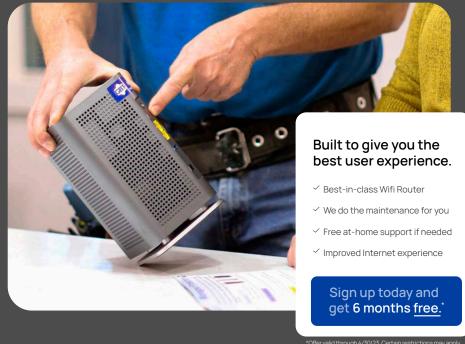


Lee Allen Showalter Alexander

Lee Allen Showalter resides 2 miles east of Alexander. He has 2 sons, Adam and Nate, 8 grandchildren, and 5 great grandchildren. In addition to farming for 51 years, Lee Allen, along with his two sons and two grandsons, run a cattle operation and growing lot. He has served on the boards of Mid-State Farmers Cooperative and Soil Conservation Service, and he is his grandchildren's #1 fan at sporting and 4-H events!

# Seamless access. Strong connection. Superior support.

Pairing GBT's Internet with our Managed Protection service gives you <u>superior</u> Internet experience.



\*Offer valid through 4/30/23. Certain restrictions may apply

#### **Recipe of the Month:**

#### Ingredients

Makes 6 pickled eggs

- 6 hard-boiled eggs, peeled
- -1 cup distilled white vinegar
- 2 teaspoons kosher salt
- -2 teaspoons sugar

#### For pink pickled eggs:

- 1/2 small beet, peeled, quartered
- -1 shallot, sliced
- -1bay leaf

#### For yellow pickled eggs:

- -1 (1/2-inch) piece ginger, thinly sliced
- 2 teaspoons black peppercorns
- 1/4 teaspoon turmeric powder

#### For purple pickled eggs:

- -1 cup chopped purple cabbage
- -1 teaspoon caraway seeds
- 2 teaspoons baking soda, divided

#### For orange pickled eggs:

- -1 medium carrot, peeled, sliced
- -2 garlic cloves
- -1 sliver peeled beet
- Small pinch of saffron

#### Naturally Dyed Pickled Easter Eggs

Vibrant-colored pickled eggs make a fun party snack and are super easy to make with just a few natural ingredients to enhance the color as well as the flavor of the eggs. This recipe makes enough for half a dozen of one color of pickled eggs. Choose one or make a few batches of different colors to feed a crowd!

#### **Directions**

#### Step 1:

Place eggs in a medium glass heatproof jar. Cook vinegar, salt, sugar, and 1 cup water in a small pot over high heat, stirring, until salt and sugar dissolve.

#### Step 2:

To make pink pickled eggs: Add beet, shallot, and bay leaf and bring to a boil. Remove from heat and let cool slightly. Pour over eggs, stir, and chill at least 3 hours or up to overnight for a darker shade of pink.

To make yellow pickled eggs: Add ginger, peppercorns, and turmeric and bring to a boil. Remove from heat and let cool slightly. Pour over eggs, stir, and chill at least 3 hours or up to overnight for a darker shade of yellow.

To make purple pickled eggs: Add cabbage and caraway seeds and bring to a boil. Remove from heat and let cool slightly. Pour over eggs. Add 1 tsp. baking soda and stir until foaming subsides, then stir in



remaining 1 tsp. baking soda. Chill at least 3 hours or up to overnight for a darker shade of purple.

**To make orange pickled eggs:** Add carrot, garlic, beet, and saffron and bring to a boil. Remove from heat and let cool slightly. Pour over eggs, stir, and chill at least 3 hours or up to overnight for a darker shade of orange.

#### Step 3:

Remove from pickling brine once desired color has been reached, transfer to an airtight container, and chill.

#### Notes:

Pickled eggs can be made 5 days ahead.



#### Ellis

101 W 9th | Open: Mon., Wed., Fri. 8 am - 12:30 pm; 1:30 pm - 5 pm

#### Ness City

114 W. Main | Open: Mon.-Fri. 8 am - 5 pm

#### St. John

602 N US Hwy 281 | Open: Mon.-Fri. 8 am - 1 pm; 2 pm - 5 pm

#### Larnec

122 W. 5th | Open: Mon.-Fri. 8 am - 11:30 am; 12:30 pm - 5 pm

#### Rush Center

103 Lincoln St. | Open: Mon.-Fri. 8 am - 5 pm



If you have questions or comments about this newsletter or any of our services, please email us at marketing@gbtlive.com

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